



SELECT COACH APPLICATION

In order to coach a Foothill Girls Softball League (FGSL) Select team, applicants must meet the following criteria:

- Must have been a current FGSL Recreational Season Coach, prior Select Coach or All Star Coach
- Must be able to attend tryouts to conduct evaluations, attend all practices, and scheduled tournaments
- Daughter of Coach (if applicable) must be current Spring Rec player and eligible for Select based on capable skill sets
- Must identify Assistant Coach and Manager for team (daughters of these positions must also be current Spring Rec players and eligible for Select based on capable skill sets)
- Must be in good standing with the FGSL Board

Select coaches are approved by the FGSL Board. The FGSL Board will evaluate candidates based on responses provided below, the performance of the coach and team during past seasons and rec league, and the overall leadership characteristics exhibited by coaching candidates before the final Select coach selection is made.

(Check all that apply):

I wish to be considered to coach the following FGSL Select Division:

☐ 10U Select ☐ 12U Select ☐ 14U Select ☐ 16U Select ☐ 18U Select

1. Please list your experience (a) as a coach in FGSL (both lead and assisting); (b) as a coach in any other baseball or softball league (both lead and assisting); and (c) as a baseball or softball player.

2. How do you intend to manage the expectations of players (and their parents) who will play fewer innings than most of their teammates or those who will not play their preferred position?

3. Why do you want to coach an FGSL Select team?

4. Considering the Select team that you want to coach, please define a successful Select Season?

5. Please list the names of your identified Assistant Coach and Manager.

COMMITMENT IF SELECTED TO COACH A SELECT TEAM

I hereby apply for consideration as coach for a Select team with the Foothill Girls Softball League for the 2026 Season.

- I will be available for all practices and games. I have no scheduled vacations or other conflicts to my knowledge that will interfere with my attendance at practices and tournaments.
- I will attend required league meetings, as well as coaching, rules and safety clinics as required by the FGSL Board and USA Softball of Sacramento.
- If appointed as a Select coach I will ensure the administrative requirements of the team are handled ethically, timely and following guidelines provided to me.
- I will teach players fair play, good sportsmanship, and respect for the opponent, umpires, and the rules of the game. I will encourage parents to reinforce these principles, through leading by example.
- I will learn and abide by the rules and regulations of USA Softball.

Signature: _____ Print Name: _____

Date: _____

Return this application along with any letters of recommendation to
FGSL Select Coordinator at selectcoordinator@fgsl.org

APPLICATIONS ARE DUE BY NOVEMBER 7, 2025